



Toll Free (888) 328-1005
Local (970) 754-7800
TheLodgeAtVailResort.com

WELCOME

We are delighted that you have chosen
THE LODGE AT VAIL for your stay in Vail!

Vail offers a world class summer experience
as well as a wide variety of activities in
the mountains.

Our Concierge team is here to ensure that
you have the experience of a lifetime!
Please allow us the pleasure of assisting
you in planning your vacation from arrival to
departure, including ground transportation,
spa appointments, restaurant reservations,
activities and more.

If you have any questions, or to discuss
the many options available, contact our
concierge team by emailing
LAVConcierge@VailResorts.com
or call **(970) 754-7809**. We recommend
sending your requests to us as soon as
possible so that we may begin securing
your accommodations. We are happy
to assist with all of your summer
vacation requests.

TRANSPORTATION TO THE LODGE

There are two primary airports servicing the Vail,
Colorado area.

- *Denver International Airport, approximately 120 miles (2.5 hours) to The Lodge.*
- *Eagle County Regional Airport and the Vail Valley Jet Center, approximately 35 miles, (45 minutes) to The Lodge.*

If you do not have your own vehicle, the following
transportation options are available:

- *Private Vehicles: Sprinter Vans, SUV's or Sedans.*
- *Public Shuttle: Shared Van with pre-established departure times, multiple pick-ups and drop offs along route.*
- *Rental Vehicles: Please note parking at the hotel is \$50 per night plus gratuity. Prices of rentals vary, one way drop-off fees can be expensive and driving in the Rocky Mountains involves variable conditions. Our preferred rental vendor has a fleet of all current model year vehicles under 10,000 miles to ensure your safety while driving in the mountains. Please consider these components when arranging your transportation.*

We recommend booking any transportation at least
2 weeks in advance due to heavy demand
throughout the summer season! Please contact your
concierge to arrange your transportation.

ROCK RESORTS SPA AND FITNESS CENTER AT THE LODGE AT VAIL

Relax, unwind and soothe your sore muscles after a day on the slopes, in the shops or following one of many exhilarating activities available in the Vail Valley.

The Rock Resorts Spa at The Lodge at Vail offers 10,000 square feet of luxury, elegance and comfort, featuring a relaxation room and gender-specific full-service locker and changing facilities including sauna, steam bath, and a large Roman soaking pool.

Our fitness center is open 24 hours and features Technogym Equipment.

HIKING

Mountains and hiking go hand-in-hand, especially during Colorado's sunny summer months.

Whether you're looking for a heart-pumping workout or a leisurely stroll, there are hikes to fit every level at Vail.

Vail offers various different levels of hiking: Please [click here](#) for the Vail hiking guide and [click here](#) for a hiking map of Vail Mountain. If you do hike up Vail Mountain, you are able to take the gondola down for free!

If you are looking for hiking outside of Vail city limits, we suggest looking at the [All Trails App](#) to find a hike suited for you! We are happy to help with suggestions.

BIKE RENTALS & LIFT TICKETS

With 343 miles of mountain biking trails, there are plenty of options for every type of rider. The thrill of biking down at Vail is an experience like none other. You can take advantage of all our open terrain through September 6th, with bike haul daily out of Gondola 1 and Eagle Bahn Gondola (#19). On September 7th, bike haul will be operating Friday - Sunday only through October 3rd.

[Click here for bike haul passes and access to Vail Bike Maps!](#)

AMENITY AND GROCERY DELIVERY

Should you require groceries delivered to your room or condominium prior to arrival or during your stay, please contact your concierge or visit: www.resortdelivery.com or the Instacart app.

Whether you are here for a relaxing weekend, a romantic getaway or a fun filled family vacation and would like to add a little something extra to your room; contact your concierge for a detailed list of amenities.

BABYSITTING

<https://eaglevalleysitters.com/> Eagle Valley Sitters provides a stimulating and safe environment for children ages 2 months to 12 years. All sitters are CPR certified, background checked, and put through an extensive hiring process.

We also suggest:

<https://babysittinginvail.com/>

<https://vailsitters.com/>

RECOMMENDED ACTIVITIES (some of these activities are not available before June)

ATV, Jeep & RZR tours: Drive your own Side x Side or ATV through the Rocky Mountains in Colorful Colorado! Never ridden an ATV before? Not to worry – no previous riding experience is necessary. Professional ATV guides will give you all of the proper safety instruction and operation lessons you will need! Guided and unguided rentals are available. *Ages 5+*

White Water Rafting: From family fun to rushing rapids, rafting Colorado's rivers is a blast for all ages! There are many different tours available, please reach out so we can find one that best suits you. *Ages 2+*

Float Tours down the Eagle River: For family fun in a very relaxed environment, float tours in large, safe inner tubes are a great way to spend a lazy afternoon; ages 2+; please reach out and we'll get your afternoon scheduled.

Zip lining: This unique tour provides an unbelievable outdoor recreation adventure that challenges the senses: fragrant sagebrush, pinyon pine and Colorado fresh air surround you in this beautiful slice of rustic Western landscape. *Ages 2+*

Fly Fishing: Local anglers take you where the fish are biting and include all the gear and instruction necessary for an iconic Colorado experience on the rivers of Eagle County.

Guided Bike Tours: Enjoy a thrilling, yet easy coast down 3,000 vertical feet on the Vail Pass paved bike path. Immersed in lush mountain splendor, surrounded by snow-capped peaks, waterfalls and fresh mountain air. The path extends along I70 on the bike path, along the Vail Golf Course, Vail Village and into Lionshead. It is a unique and exhilarating way to experience Vail. *Ages 10+*

Horseback Riding: The terrain is absolutely breathtaking with massive views of Castle Peak Mountain and the Vail Valley. Ride through beautiful fields of Sage and Juniper, thick Aspen and Pine Groves. Many of the rides travel near several of our Mountain Lakes and Streams that are situated on our Private Mountain.

Rock Climbing: Vail rock climbing adventures with **Apex Mountain School** offer something for everyone, from beginners to advanced climbers. These routes range in height from 35 to 90 feet, and approaches are usually within 5 minutes from the car. Apex guides prioritize client care and will work with you to refine and accomplish your specific goals, whatever they may be. All ages and no experience required.

Betty Ford Alpine Gardens: Explore this stunning alpine garden situated in the shadow of The Gore Range.

Bowling: **Boi** offers an upscale bowling and dining experience.

Epic Discovery & Adventure Ridge: Tubing, mountain biking, guided nature hikes, climbing wall, alpine coaster, and more!

Glenwood Caverns Adventure Park: **Glenwood Caverns** is America's only mountain-top theme park! Enjoy caves and mountain-top rides. Located 1 hour from the hotel. **Click here** for 10% off!

Golf: Our guests have privileges at **Red Sky Ranch**, the premier golf facility in our area. Tee-times are recommended.

Hot Springs: **Iron Mountain Hot Springs** offers 16 natural mineral hot springs soaking pools and a freshwater family pool with jetted spa. Being surrounded by mountain views along the Colorado River makes for an unforgettable experience. Located 1 hour from the hotel. **Click here** for 10% off!

Imagination Station: Imagination Station features a thoughtful play space to integrate physical and cognitive learning. For children 2-12 years old and their families. \$25 for a group of 6 per session. Reserve your time slot. 970.479.2292 or **<https://www.vailrec.com/vail-recreation/imagination-station>**

Picnic Vail: Have a picnic of your choice organized and catered by The Grazing Fox!

EVENTS

Vail Farmers' Market & Art Fair: Held Sundays from 9:30 AM – 3:30 PM, this market is filled with local produce and vendors!

Hot Summer Nights: Free annual concert held every Tuesday at 6:30PM in Gerald R. Ford Amphitheater.

Bravo! Vail Music Festival: Held throughout the summer, don't miss one of the Top 10 "Can't Miss" Classical Music Festivals in the US according to NPR. Concerts are held throughout the summer. Please reach out for the current schedule and ticket availability; held at the Gerald Ford Amphitheater as well as locations throughout Vail and Lionshead.

Vail International Dance Festival: A two-week long celebration of artistry held in the beginning of August.

Minturn Market: The Summer Market is open every Saturday from July 2nd through September 3rd, 2022. Located in charming Downtown Minturn, Colorado, the Market features a variety of vendors each week with items.

AvonLIVE! Free concerts at Nottingham Park on Wednesdays from 5PM-8:45PM, live music and local food trucks with views of Beaver Creek Mountain.

DINING AT THE LODGE

After an invigorating day in the mountains, it's time to nourish your body with delicious, fresh fare. Join us at Cucina or Elways. Centrally located, steps from Gondola One, in The Lodge at Vail within Vail Village, Cucina has an exciting array of breakfast and lunch menus while Elways offers a steakhouse style dinner menu from 5-9pm. Both create the perfect atmosphere for making new memories with friends and family.

RECOMMENDED RESTAURANTS IN VAIL

Restaurant reservations are always strongly recommended. Reservations are generally taken up to 30 days prior to the date you wish to dine. A credit card will be required. Please call or e-mail your concierge for assistance with dinner reservations: 970-754-7809.

Almresi Cuisine inspired by the Alps and the Rocky Mountains and the cozy European flair you won't find elsewhere. Not open yet.

Alpenrose Serving authentic Austrian and German cuisine with a contemporary twist, boasting Vail's only Belgian patisserie and bakery. Open for lunch and dinner.

Annapurna Serving cuisine that combines simple and elegant spices from Nepal and India resulting in dishes rich in flavor as well as culture. Open for lunch and dinner.

Blue Moose Pizza A family favorite, serving pizza, salads, pasta and Italian dishes in Vail Square. Open for lunch and dinner.

BOL Bowl and dine at the lane or in their trendy bar-restaurant offering deluxe versions of comfort food favorites. Open for lunch and dinner.

Elway's Located in the Lodge at Vail, Elway's serves prime hand-cut steaks, fine fish and crustaceans in a distinctive setting at our sister property at the base of Vail Mountain.

El Sabor Located at the base of Lionshead just steps from the Arrabelle, this family friendly, casual restaurant serves Mexican and Latin American cuisine. Open for breakfast, lunch and dinner.

El Segundo High-energy, fast paced, sophisticated semi-traditional taqueria & tequila bar, located in the middle of Vail Village. Open for lunch and dinner.

Fall Line Located on Bridge Street, fresh and contemporary cuisine with a hint of Asian influence. Open for lunch and dinner.

Flame This classic American steakhouse, located in the Four Seasons in Vail, features a light and heart-healthy menu in the summer months complimenting their traditional steak and game menu options.

The Fitz The Fitz is known for its approachable menu of 'comfort food, elevated', creative cocktails, and local Colorado drafts. A great place for families, groups, and couples to gather in comfort and style. Open for lunch and dinner.

La Bottega The oldest name in authentic Italian cuisine features wood-fired pizzas, signature Italian and continental dishes, with a spacious wine bar and an extensive wine list. Open for lunch and dinner.

Lancelot Famous for its prime rib and a favorite of returning guests, Lancelot also serves nightly specials, steaks, fresh fish and seafood. Enjoy summertime dining outside along beautiful Gore Creek.

La Tour Serving contemporary French-inspired cuisine for over two decades, La Tour is committed to quality, fine wines and professional service in an intimate setting. Chef-owned and operated for 20 years. Enjoy Sunday Brunch on their patio, and watch the world walk by during The Vail Farmer's Market. Open for lunch and dinner as well as Sunday brunch.

Left Bank Vail's classic French restaurant has featured fine French cuisine for over 30 years in their contemporary, elegant dining room overlooking Gore Creek. Not open yet.

Matsuhisa Where sushi is an art form. Renowned chef Nobu Matsuhisa infuses traditional Japanese cuisine with South American and Western flavors.

Moe's Original BBQ Cooking food from scratch daily, Moe's features award winning Bama-style BBQ.

Montauk Seafood Grill Coastal specialties with a contemporary flair are served in a relaxed atmosphere. Located in the center of Lionshead, this local favorite features fine wine and an assortment of microbrews.

Mountain Standard Located Creekside in Vail Village, Sweet Basil's sister restaurant serves rustic American cuisine that features bold flavors while focusing on the pure ingredients of the Rocky Mountain region, all prepared in an open kitchen. Open for lunch and dinner.

Pepi's at Gasthof Gramshammer One of Vail's oldest restaurants, Pepi's serves continental cuisine in an Austrian ambiance. The expansive patio is a prime spot for people watching! Open for lunch and dinner.

Red Lion The first bar in Vail, offering American food and live music. Open for lunch and dinner.

Root & Flower Over 50 by the glass pours of wine, an extensive bottle selection, craft classic cocktails, and an ever-changing food list make this one of our favorite watering holes.

Russell's Steakhouse Located creek side in the heart of Vail Village, Russell's serves great steaks and crab legs in a friendly, relaxed atmosphere with a popular bar scene.

Sweet Basil A favorite in Vail for over 38 years and always exceptional, Sweet Basil serves innovative contemporary American cuisine with Mediterranean and Asian influences. Open for lunch and dinner.

Swiss Chalet A Vail tradition featuring fondue, raclette and authentic cuisine from the Alps.

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Slope Room Vail's newest restaurant, an alpine bistro focused on the connection with Rocky Mountain farmers and ranchers. Creative dishes with local ingredients at a sophisticated yet cozy restaurant and bar. Open for lunch and dinner.

Up the Creek Features tempting appetizers, salads, pastas, free range beef, fish and daily specials in a casual bistro setting. Family-owned and a favorite of locals and returning guests, with one of the best creek side decks in Vail. Open for lunch and dinner.

Vail Chophouse Serves prime steaks, chops, seafood and shellfish on their sunny patio at the base of the Eagle Bahn gondola in Lionshead. Open for lunch and dinner.

Vendettas This casual pizza and pasta house is perfect for a relaxed evening with family and friends. Their patio bar is a meeting place for locals and guests alike. Open for lunch and dinner.

Vintage Vail's newest restaurant offers delicious brasserie fare, wine and creative cocktails for brunch, dinner and late-night in a warm, inviting setting that features French impressionist paintings. Open Friday-Monday for brunch, lunch and dinner.

Yama Sushi Yama offers an intimate, sophisticated and fun dining experience, with a menu that focuses on fresh fish and a variety of specialty cocktails. Open for lunch and dinner.

Private Chef Services are also available.
Call your Concierge for details.
